

Attleboro Gastroenterology Associates

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Suprep, Prepopik, and Trilyte Colonoscopy Prep Instructions

5 days before your procedure, stop Coumadin, Plavix and any other blood thinners. Please contact your Primary Care Physician for instructions. Pick up your prescription at your pharmacy.

Day before your procedure, take your regular morning medications.

If you are on diabetic medications reduce the dose by half. You may have a light breakfast consisting of the following: Eggs, white toast, coffee with non-dairy creamer. After 10 am please begin a clear liquid diet consisting of Jell-O, popsicles, plain vanilla yogurt, vanilla ice cream (in moderation), sherbert, Gatorade, tea, coffee and soda. **Please avoid any food/liquid that is red or purple.**

At 5pm, drink one half of the prescription prep. You may mix and refrigerate the prep before drinking it.

Day of the procedure, take your blood pressure medications with a sip of water before 6am. 5 hours before your procedure time at _____, drink the 2nd half of the prescription prep. You must complete the prep and have nothing by mouth 3 hours before your procedure. Please report to Sturdy Emergency Room at _____. Plan on being at the hospital 2-3 hours. YOU WILL NEED A RIDE HOME, NO EXCEPTIONS.

Your procedure date is: _____

Please arrive at Sturdy Emergency Room at: _____

Contact the office with any questions/concerns at **508-222-2021**

