

Attleboro Gastroenterology Associates

150 Emory Street
Attleboro, Massachusetts 02703
(508) 222-2021
Fax (508) 226-0134

FLEXIBLE SIGMOIDOSCOPY PREP AFTERNOON

Mark A. Robbin, M.D.

David A. Cohen, M.D.

Sonia H. Uchman, M.D.

Your sigmoidoscopy is scheduled for _____

Please report to Sturdy Hospital Emergency Room at _____

- 1) Purchase Dulcolax tablets 20mg. (Comes in 5 or 10mg, you need to take 20mg), and 2 Fleet Enemas. These are sold over the counter at your pharmacy.
- 2) Continue your regular diet through supper the day before your procedure. At 5:00 PM have a clear liquid dinner.
- 3) At 8 PM take Dulcolax tablets 20mg.
- 4) At 8 AM give yourself 1 Fleet Enema.
- 5) Give yourself one more Fleet Enema about 1 hour before coming to the hospital.
- 6) Wear loose fitting clothes such as sweatpants. You will be able to drive yourself home if you are not having any sedation.

EXAMPLES OF CLEAR LIQUIDS: Juices without pulp such as apple juice, white grape juice, white cranberry juice, lemonade, water, clear broth or bouillon, coffee or tea (no milk or cream), Gatorade, Jell-O, popsicles or soda. **NO RED OR PURPLE colored liquids are allowed. Do not eat or drink anything 6 hours prior to the procedure. This includes water.**

Please call our office if you have any questions at 508-222-2021.

